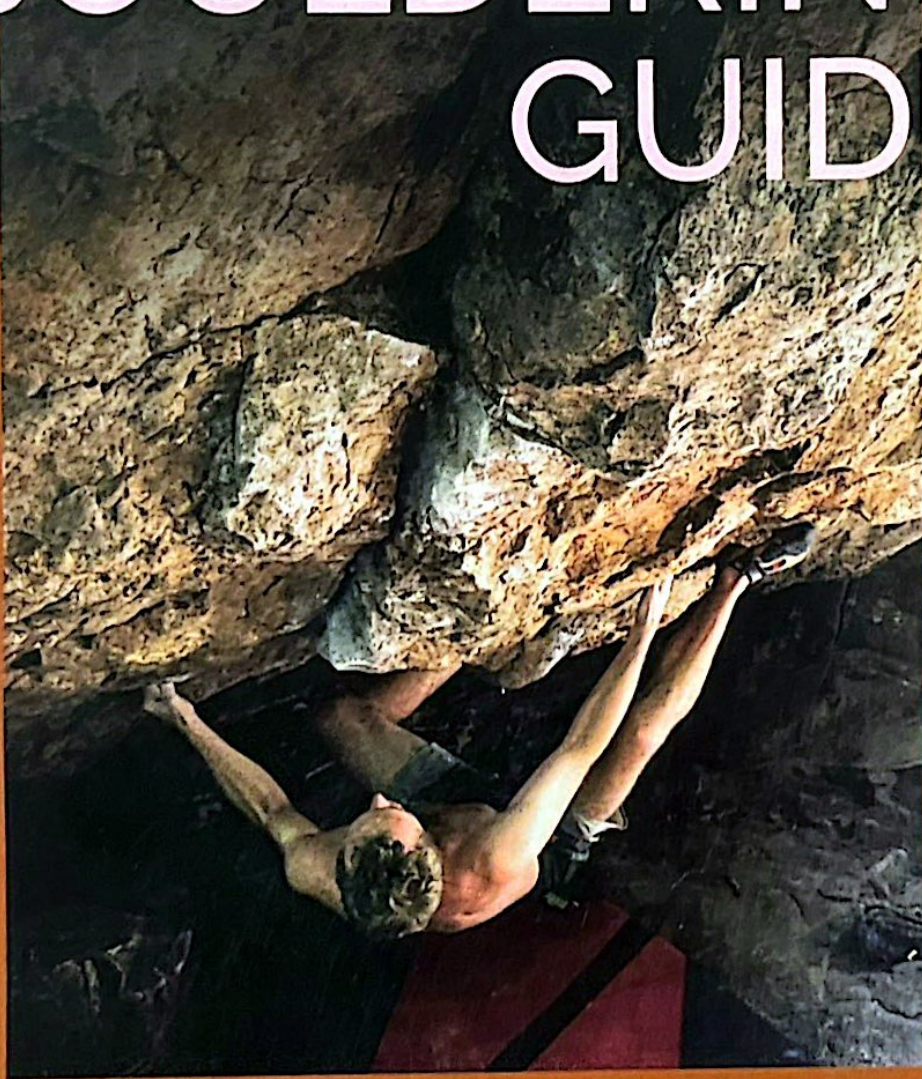


BY CHASE CAZEDESSUS

LIBANO BOULDERING GUIDE



AN ESSENTIAL GUIDE TO 100+
PROBLEMS IN Costa Rica

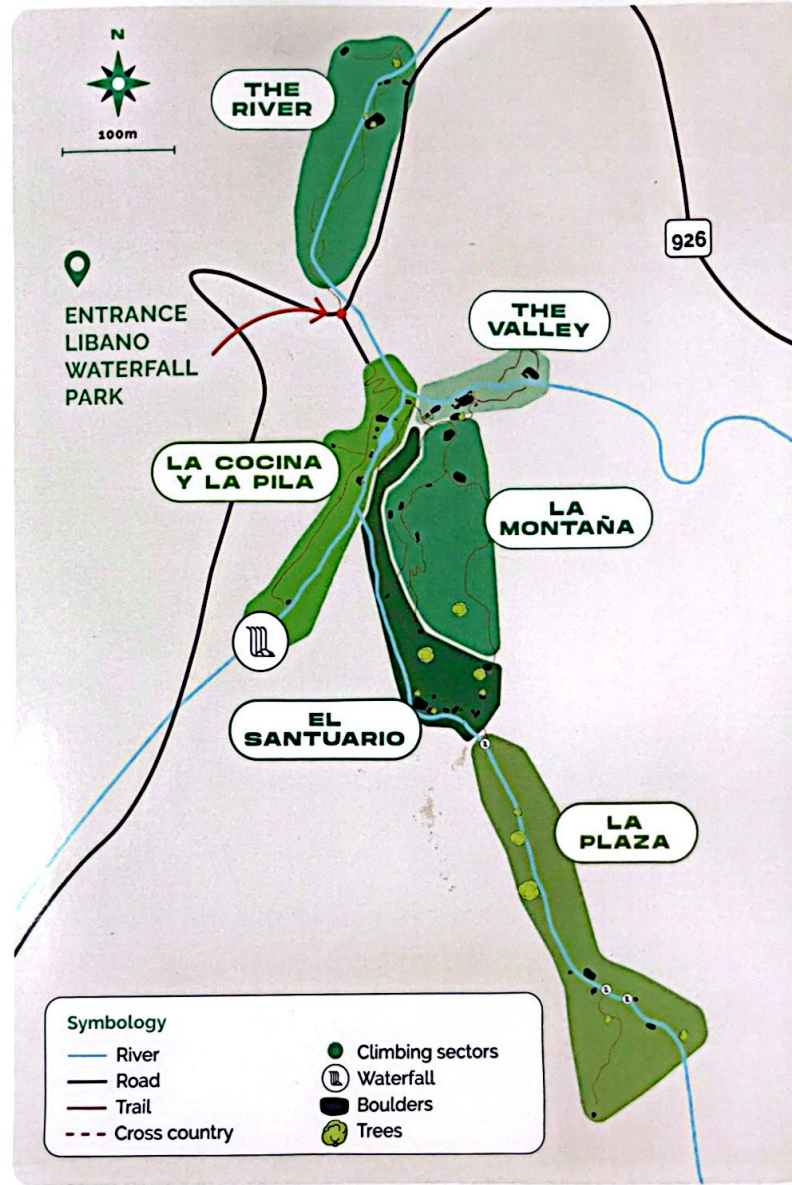
FIRST EDITION



Town Map



Crag Map Libano | Sectors



SECTOR

LA COCINA Y PILA



Getting to La Cocina y Pila area is very easy because it is the closest area to the parking lot. Through the gates, proceed directly down to the river. The Travieso Boulder will likely be the first boulder that you see. The place is probably the best area for families as it has great swimming holes and natural slides. The problems are all excellent quality as well.

BOULDER

Boulders are marked in black on the map.

01 TRAVIESO BOULDER

02 DRAGÓN Y MIEL

03 LA SENTADITA

04 PEPITA DE ORO

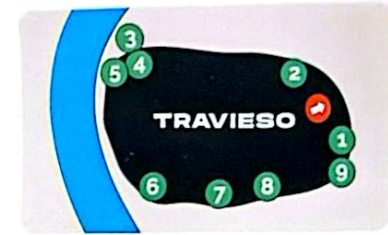
05 EL ÁRBOL

06 BATMAN BOULDER

07 WATERFALL BOULDER

08 PETER PAN

01 TRAVIESO BOULDER



ROUTES

1. **Oso Poderoso** (P)
2. **Ninja Flow** (P)
3. **El Travieso** (V3)

Begin standing with a good RH crimp and small LH crimp. Make a move to the rail and top out on the left side.
4. **El Travieso Directo** (V4)

Same beginning as 'El Travieso' but instead climb directly up to some small holds.
5. **Hotel Rio** (V2)

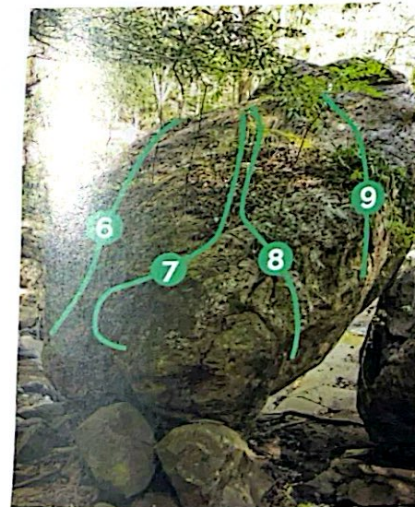
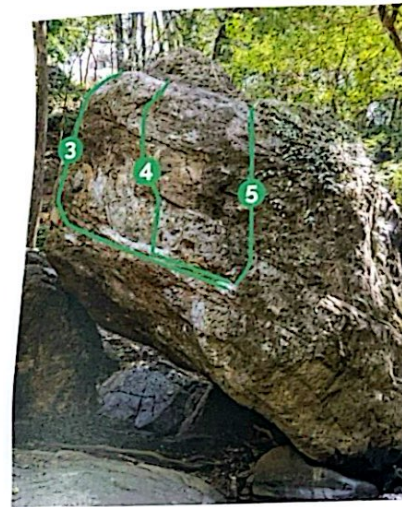
Climbs up on some delicate climbing. It shares the same start as El Travieso. Stay dry!
6. **Más Directo** (V2)

Begin standing and climb with subtle movement towards the right.
7. **El Pulmón del Barrio** (V3)

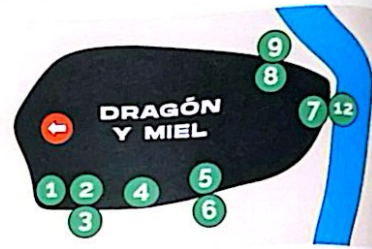
Make a few powerful moves beginning on a large ledge. Harder than it looks. Begin in a slightly seated position.
8. **El Hermanito** (V2)

Start seated and do a couple of hard moves and enjoy the easy top.
9. **Oso Poderoso Stand** (V4)

The stand involves grabbing the crux hold on the project, a slopy RH, and an awkward L hand on the obvious jug hold. A little reachy.



02 DRAGÓN Y MIEL



ROUTES

1. De Vuelta a Casa v0

Easiest climb on the boulder. The beginning is technical finishing on easy moves over a bulge. Begin standing on any holds.

2. Masonico v1

Begin with left hand undercling and RH on the low portion of the slophey arête. Pull the arête and finish on De Vuelta a Casa.

3. El Reino Unido v2

Begin standing but climb directly up avoiding the easy terrain.

4. Reino Ivansur Sit v3

Ivansaur Sit begins on some small slophey crimps. Begin there and finish the same as 3.

5. Dragón y miel v4

Sit start with low left hand in large jug and right hand on a slopper. Do a few hard moves left and finish on the little ledge.

6. Criaturas de Marmol v4

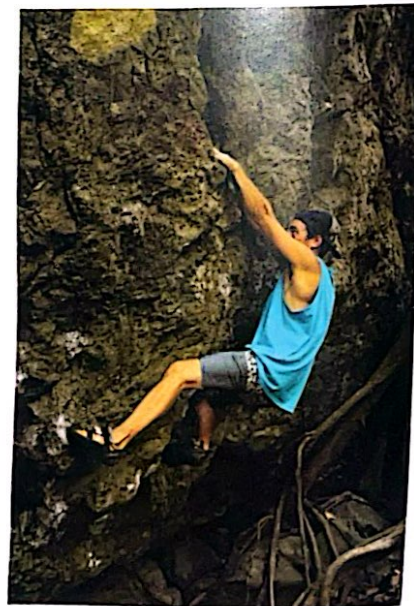
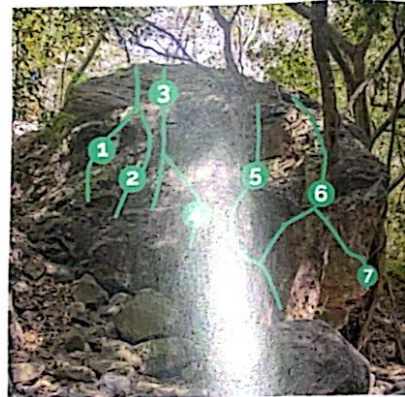
A variation of Dragon y Miel. Begin the same, do some moves to the right to some juggy slots, then up.

7. Rhino Creature v4

This is a link between Rino Stand and CDM.

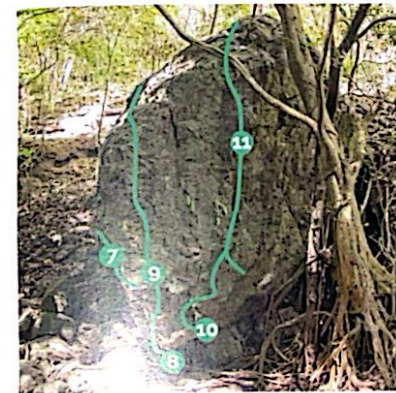
8. Rinoceronte Tropical Sit v8

Start sitting under the giant boulder and do the arete.



Mason Cazedessus on Stone Animals. Photo by Joice Ruiz

02 DRAGÓN Y MIEL



9. Rhino Stand v6

Begin with a borehole pocket courtesy of the gold mining era, and a LH on a good crimp.

10. Stone Animals Sit v8

Start on two very low, yet posite holds RH pinch and the large L slopper. Do some hard moves into the stand of Stone Animals. Nice lip for a highball.

11. Stone Animals Stand v6

Begin standing on some bad pinches with a high left foot. Big moves lead to easy section with a spicy highball topout.

03 LA SENTADITA



ROUTES

12. La Salvadorita v1

Begin anywhere and top out the prow. Short climb.

13. La Sentadita v2

Begin on the obvious hold and then climb to the right. It's harder than it looks.



04 CON ÁRBOLES

ROUTES

1. El Árbol Sit

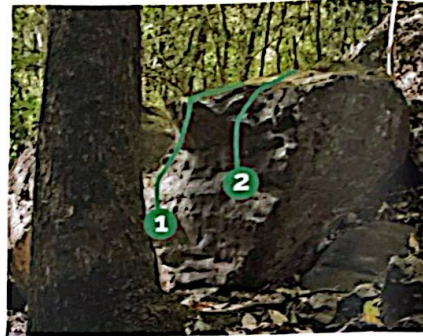
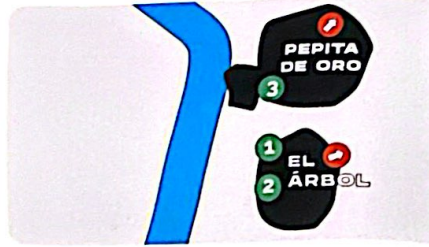
(B) (V2)

Begin seated with both hands matching. Awkward start leads to a gratifying finish.

2. El Árbol Stand

(V0)

Start standing comfortably in the middle of the small square face and climb as you like, preferably directly up or to the right for added movement.



05 PEPITA DE ORO

ROUTES

3. La Pepita de Oro

(V3)

Start with a right hand on an inverted slopper pinch, left hand on the arete a bit higher. The start moves are the hardest to figure out.



06 THE BATMAN BOULDER

ROUTES

1. El Batman Stand

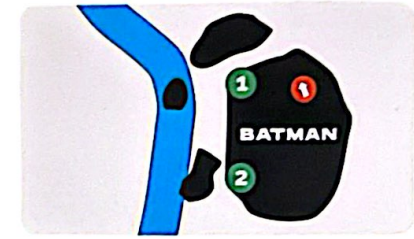
(V2)

Begin matching on the large square-shaped feature. It's fun for beginners to try mantling.

2. El Joker

(V2)

Begin matching on a large hold under the roof. Do some cool moves and pull the roof. During rainy season this landing gets washed out.



07 THE WATERFALL

ROUTES

1. Travesía de Hormiga

(V2)

Begin on a bulge to the right with the other two climbs and traverses the length of the boulder.

2. Dar Cara

(V1)

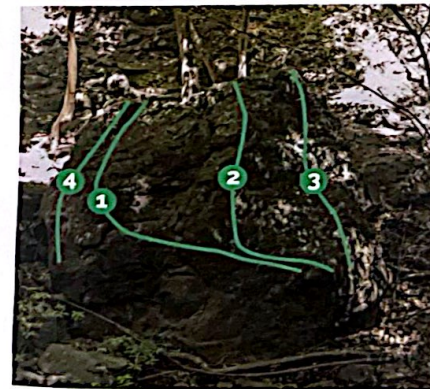
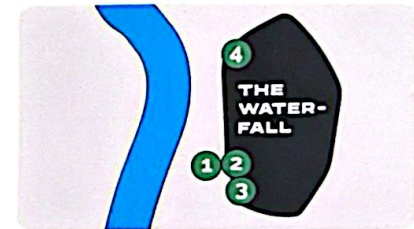
Begin with left hand undercling. Pull the arête and topout before traversing.

3. Arista el Bebé

(V0)

4. Mojada en el Río

(V1)



08 PETER PAN PAN

ROUTES

1. Peter Pan Sit

★ (P) V5

Start matching on small crimps in the low section of the boulder. A powerful start leads to sustained climbing.

2. Peter Pan Stand

V3

Instead of matching and doing the V5 variation, begin with your LH on the slopper one move into the sit.

3. El Camino del Pixie

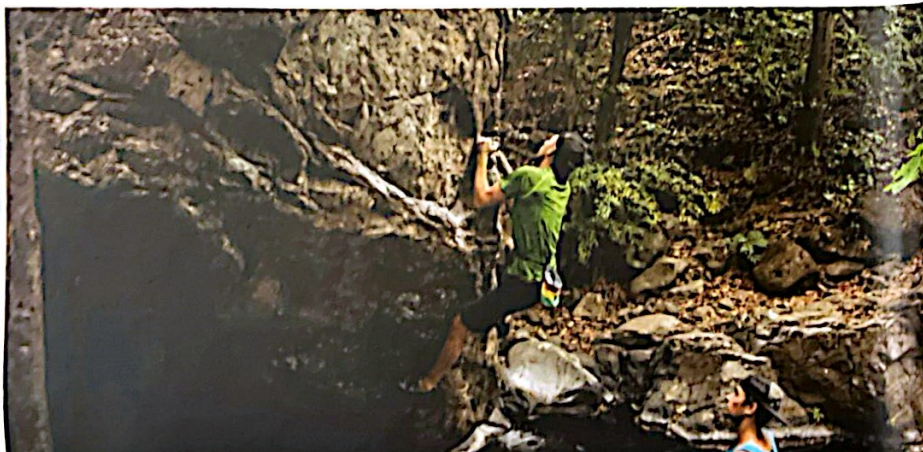
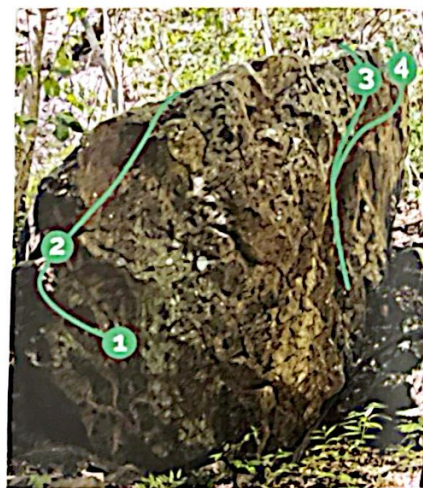
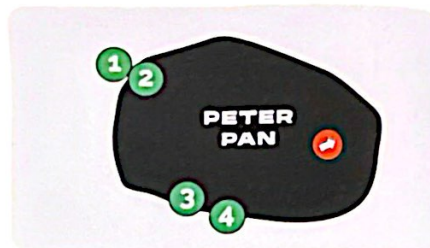
V1

Begins on some small holds and heads up and to the right.

4. Tama Damien

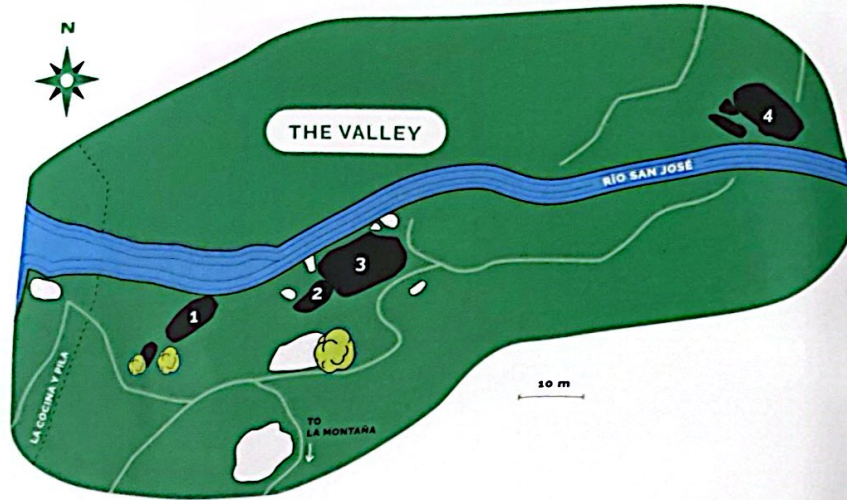
V0

Begins same as El Camino del Pixie but continues further right for a little longer before topping out.



SECTOR

THE VALLEY



The power of the river and freshwinds gave rise to the Respiro's name: The Breath. There are great climbs and the rock quality is excellent. The height aspect and exposure make this boulder high quality, and the landing is pretty rock solid.

BOULDERS

Boulders are marked in black on the map.

01 RESPIRO BOULDER

02 CONGO BROS BOULDER

03 EL CAP

04 MT. WATKINS

01 RESPIRO BOULDER



ROUTES

1. **El Hermano Medio** * (S) (V3)
Matched on a large hold, do a lot of pumpy moves and top out the classic highball on a big square jug.

2. **El Respiro** * (V4)
Begin matching on the obvious slopper. Climb left and end on 'El Hermano Mediano'.

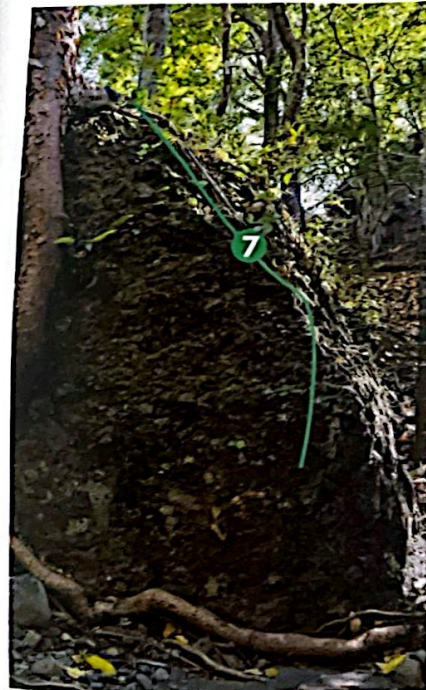
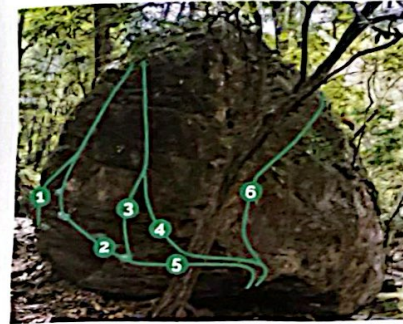
3. **El Respiro Directo** (V7)
Powerful movement up the face, beginning on the obvious slopper/jug.

4. **Profunda Agua** (P)

5. **Profundo Respiro** * (V7)
Begin far right with a LH in the cave and RH on a good edge on the lip. Do some technical moves and finish the pumpy topout.

6. **Project** (P)

7. **Easy Line "Indio Pelado"** (S) (V0)
Begin on the boulder beside El Respiro. The climb begins seated on the right arete and tops out to the right of the orange "Indio Pelado" Tree.



02 CONGO BROS BOULDER



ROUTES

1. **El Sendero del Tao** (V2)
Start on the low pocket. Traverse left between boulders and come out behind on the easy side.

2. **La Armada** (V1)
Start matching the same strange right corner, with the pocket. Move up on great features and mantle.

- 3-4. **Project** (P)

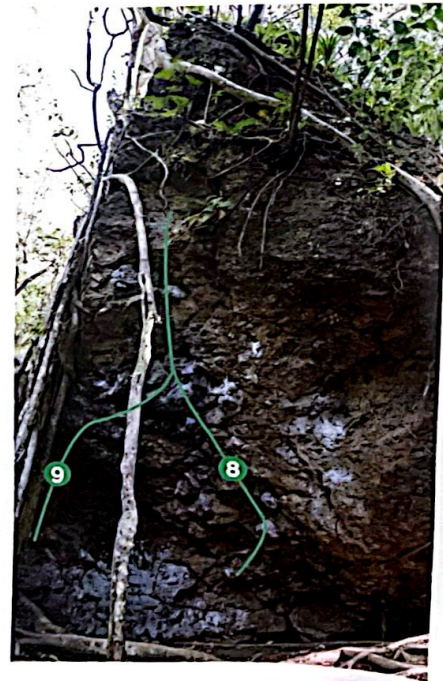
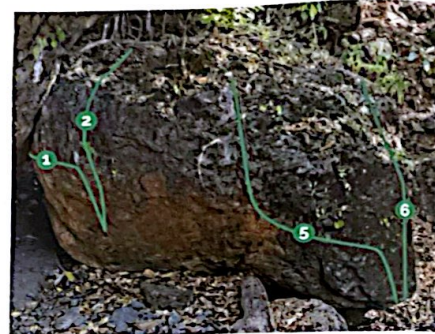
5. **Último Borde** (V5)
Begin on the very end of the prow. Throw your heels on and traverse the border on some crimpy and sloppey moves.

6. **Última Hora** (V3)
Begin on the prow, same as 5 and mantle directly up. Finish above and to the right.

7. **Presence** (V1)
Start on a large rail/pocket very low and climb up.

8. **Alcatraz** (* V4)
Begin with a matching undercling in a seated position very low, in the center of the steepest part of the face. Power endurance leads you all the way to a solid jug high up on the boulder. Topping out is not necessary due to all the tree roots.

9. **El Fugitivo** (V5)
Begins LH on the low arete and RH on a obvious low jug. Some hard tension climbing leads into the main features on the face.



03 EL CAP



ROUTES

1. **Freerider** (V3)
Begin standing with an undercling LH and round crimpy RH high under the roof. Then do a big move and pull the roof.

2. **Freerider Sit** (P V5)
Sit start with two amazing triangular features. Powerful moves lead into the stand. Awesome if you like height and underclings.

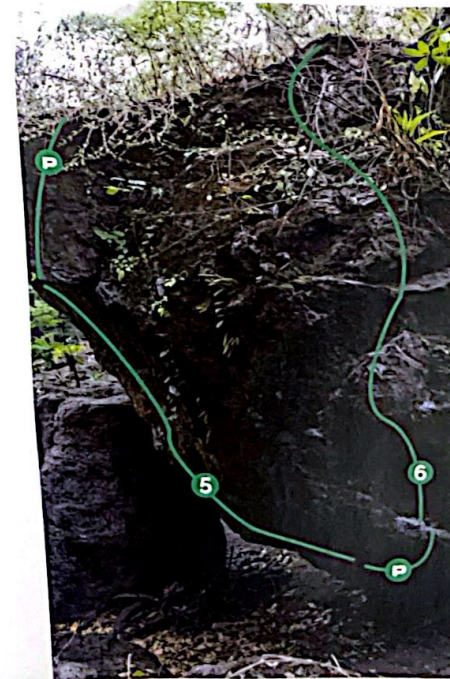
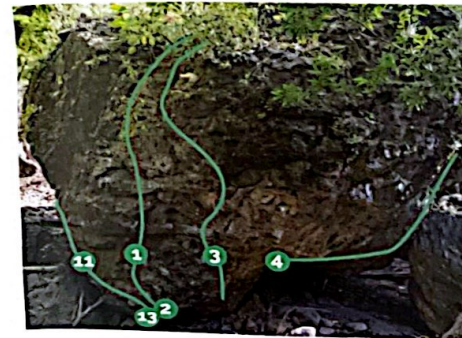
3. **Salathé** (* P V7)
Begin with the lowest LH sloper, RH on a jug sidepull. A lot of moves will lead to a pumpy connection into Freerider.

4. **To the Jugs** (V8)
Begin the climb sitting with a RH and a LH in the shape of two horizontal arches. Drop off at two symmetrical looking jugs half way up the rig.

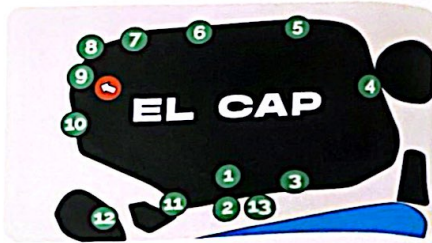
5. **The Prophet** (V6)
Begins on a big jug all the way to the right. Pumpy, long, and hard. This line ends when you step off on the small boulder at a big side hold.

- El Profeta Extension** (P V6)
Do the full line and don't blow it on the top out to this V6, or bring many crashpads.

- Espíritu Sagrado Sit** (P V8)
Start matching on the left-most jug and traverse right on powerful moves to finish on Espiritu Sagrado.



03 EL CAP



6. Espiritu Sagrado Stand v4

This is the stand start to a hard project. Start matching on a sharp edge. Hit a left hand crimp and do another hard move to the top.

7. The Zodiak v2

Start on two waist-high crimps, and climb straight up.

8. Jug Haul v2

Begin on the largest jugs around and climb up diagonally following nice features.

9. The left Slab Arete v0

This arete is also the down-climb.

10. Formula One v2

Starts matching on an undercling and climbs up and right.

11. El Niño v5

On top of the large stone, start with two underclings far apart. Work your way into a cool layback feature and round the arête exiting on Formula One.

12. Mini Lighting v0

Small climb on the little boulder. Starts on a large pocket.

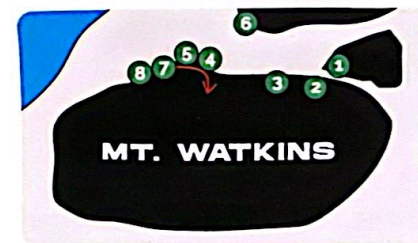
13. Free Niño v7

Begin on Free Rider and traverse left, joining into the R start hold of El Niño.



Ralphy on El Niño. Photo by Jose Jimenez.

04 MT. WATKINS



ROUTES

1. Al Filo de lo Imposible v4

Begin awkwardly low on the arete on a nice edge. Keep the tension and make the hard moves to the easy top out.

2. Jaguar v4

This climb begins on two low, big holds and heads up the lip.

3. Cacho Búfalo v3

Begin a few feet to the right of 'Jaguar' and head into the cool dyhedrals past the lip, with the dyhedral.

4. 3 Kings Direct v8

Begin in the underclings and head through the steepest part onto the big left-facing, juggy rail. Finish with a nice mantle.

5. Warm up Stand to 3 Kings v3

Sart on the obvious big hold matching and work your way left and over the bulge.

6. Gandalf's Alpine Arete v0

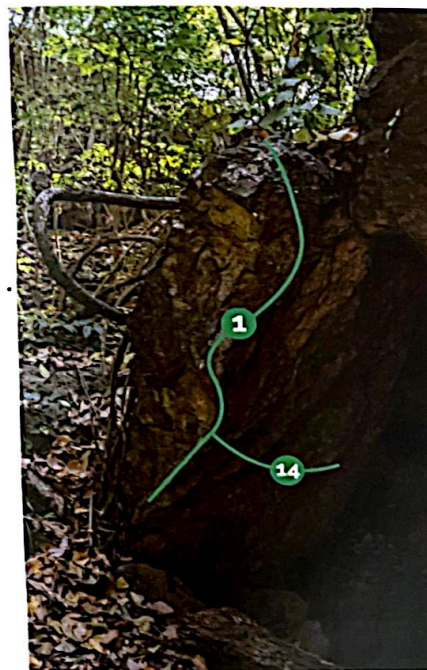
On a separate block, there is an obvious arete, climb it and descend near 'Al filo de lo imposible'.

7. Curva Ciega v4

Begin on the large slopper as all the others. Climb left. A crux at the end.

8. Su Majestad v2

This great problem starts on the slopper and heads up and slightly right, and finishes topping out the bulge on the right.



04 MT. WATKINS

9. El Crimpling v5

To the right, you will find a way to begin on some bad crimps. There is a small boulder just behind the start of the climb.

10. Su Alteza v2

Highball, begin standing and climb up the huge face. Water collects at the base because of the river.

11. Pata de Hierro v3

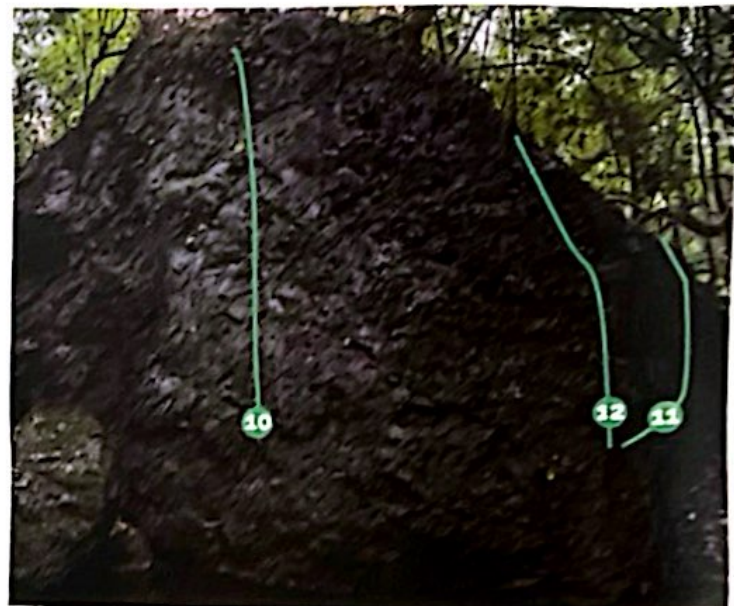
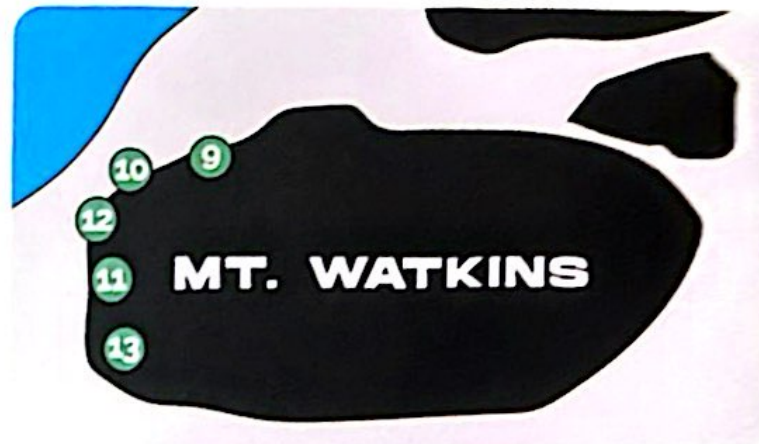
Near the edge of the boulder between 10 and 13 is another arete. Pata de Hierro begins here on holds at waist level.

12. Pata de Hierro L.V. v2

13. El Duende Puede v3

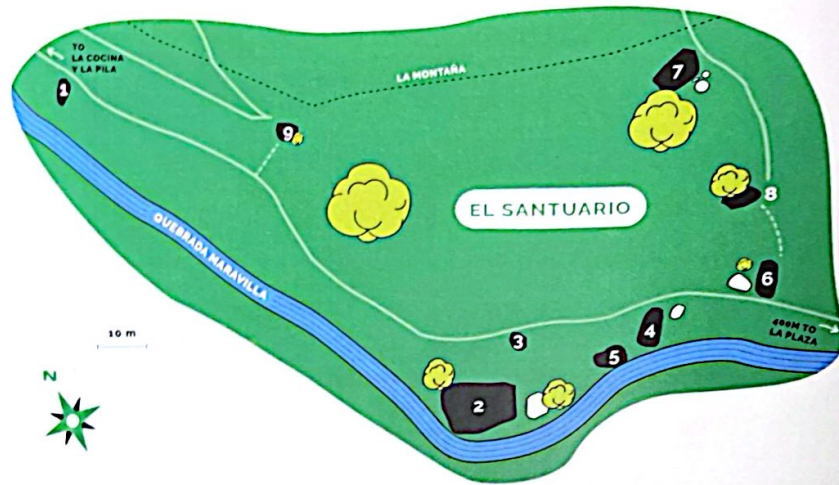
Short and sweet. Climbs surprisingly well. Begin on two low holds and climb the short arete and top out the bulge, easy climbing after.

14. Project Pro. P



SECTOR

EL SANTUARIO



El Santuario is home to many favorites and it certainly holds some of the most famous climbs in the country. The rock is fantastic on the skin, and the climbing can test any skill range.

This area has the greatest concentration of hard climbs in the country, so expect some challenges and the most spotters.

Take the fork at the creek closest to the waterfall and follow it to the Matrix and beyond to Le Font.

Costa Rica's Le Fontainebleau!

BOULDERS

Boulders are marked in black on the map.

01 LE MATRIX

02 LE FONT

03 EL CAPULLO

04 LA PANZA

05 BESOS Y PIRAMIDES

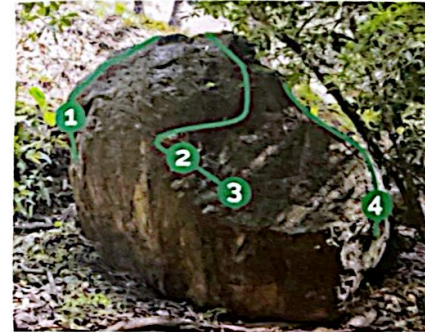
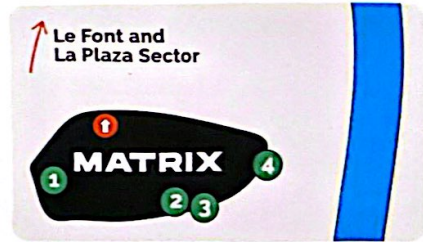
06 EL BALDAZO

07 EL PISUICAS

08 ROOTS

09 KON-TIKI

01 LE MATRIX BOULDER



ROUTES

1. Le Elefante

* v1

Begin in a slightly difficult matching position on an obvious large jug, and work your way to the left and up.

2. Aprende Le Matrix

v3

Begin with a bad slopper and sharp crimp, standing. Use some bad feet and make some subtle yet powerful movements to the right and finish.

3. Le Matrix

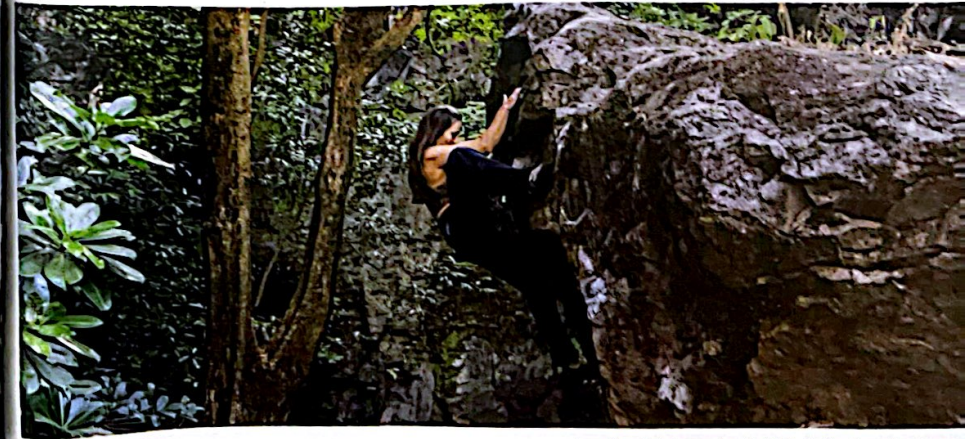
v5

Same line only begin matching both hands on the right crimp rail.

4. Beetle Juice

v2

Starts on two low slopey opposing holds and does a few powerful moves.



Jennifer Quiros on Le Pof. Photo by Jose Jimenez.

02 LE FONT BOULDER

Undoubtedly one of the best boulders in all of Central America! Le Pof certainly is incredible, especially if you are looking for scenery, wildlife, and quality problems from V0- V12 (V14/V15 projects). The boulder hosts over twenty lines and a number of 5-star lines including Le Pof Francesa (V5), Cuarentine of My Soul (V12).

ROUTES

1. Querido Mono

(V0) * (V1)

Begin standing on the large jug. Pull the roof and go for a safe top out, slightly to the left.

2. Querido Mono Left

(V0) (V2)

Variation to Querido Mono going straight to the left after the roof.

3. Chata Via

(V0) (V2)

A right variation of Querido Mono, finishing to the right.

4. Chata Via Directo

(V0) (V3)

Same start as 1 & 2. Climb directly into a cool undercling above. Go up.

5. Whacky Ride

(V0) (V3)

Grab a bad slopper on the arete with the left and right hand to a low pinch. Up the arete.

6. Whacky Ride Assis

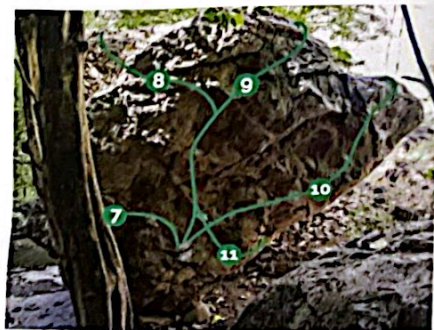
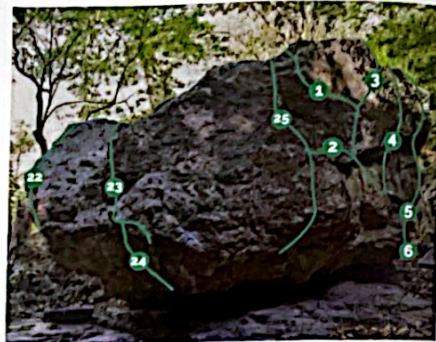
(V0) (V4)

Begin low on two sloppers. Link into 5.

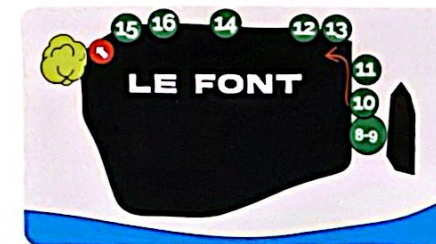
7. Whacky Poff

(V0) (V4)

Climb from the two diagonal sloppers into 5.



02 LE FONT BOULDER



Victor Garita on Pocket a Saco. Photo by Jose Jiménez.

8. Le Pof Francesa Izq

(V5)

Left variation to 9.

9. Le Pof Francesa

* (V5)

Begin on two large twin-looking slopers. Climb up!

10. Le Pof Right

(V10)

Begin matching on the diagonal sloppers and finish on the arete to the right. Powerful pocket move.

11. Mari Pof

(V8)

Starting on the sharp jug do some hard moves to gain the corner and finish on 9.

12. Jacinto

(V7)

Start standing with a bad LH pinch and right crimp. End on 10.

13. Indra

(V6)

Start pressing the arete. Make some dynamic movements to the top and press the mantle.

14. La Mariposa

(V9)

Arguably the area's most classic problem. This climb is a mega powerful and technical one. Don't let size fool you. Start matching on two obvious but hard-to-hold crimps!

15. Napoleon

* (V3)

Begin with two good holds in the crack feature. Make one big move and traverse right easily.

02 LE FONT BOULDER

16. Nosara

v4

Link between 15 and 14. Harder than it looks.

17. Circle314

v4

Climbs from 18 to the left following small feet and ending on a nice jug and then the final throw to the lip on bad feet.

18. Pocket a Saco

v4

Begin in an awkward undercling and work your way into pockets for the final last moves up and right.

19. Pocket a Saco Stand

v3

Begin on the pockets and climb up and right.

20. Ry's Saco a Barrio

v6

Begin on the big undercling blocks and stay low connecting with 21 & 22 ending on 22.

21. La Nueva Escuela

v4

Start on the corner, at eye level there's a decent RH hold and a bad LH hold next to it. Power up to a big ledge and continue.

22. El Viejo Barrio

v4

Starts the same as 21 but heads right. Slightly harder, careful not to get wet.

23. Pinchote Stand

v4

LH on lose pinch and RH on diagonal juggy crimp.

24. Quarantine of My Soul

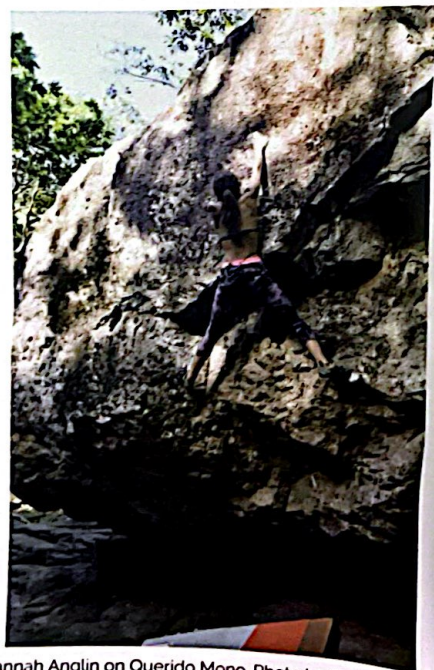
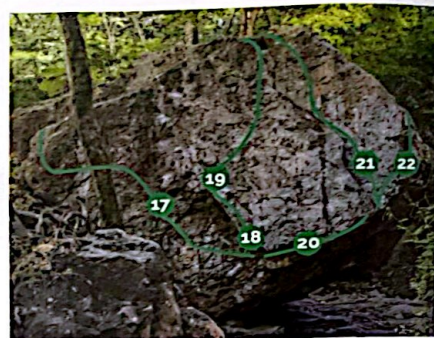
v12

Start seated on good LH pocket and a small RH crimp on the edge. Super compression leads to big moves.

25. Anunaki Style

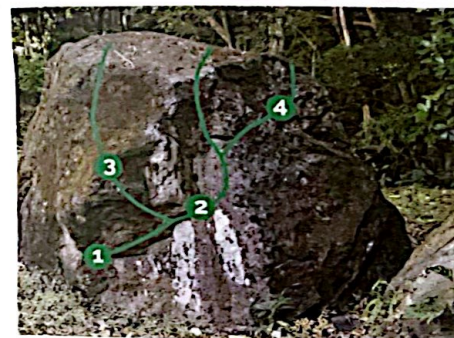
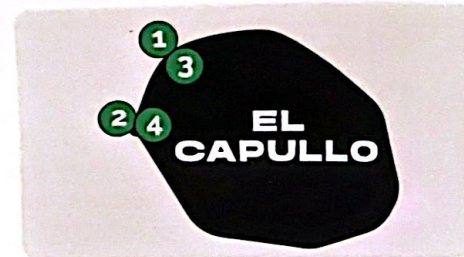
v6

Starts on sharp crimps. Do some hard moves to gain the mantle, but it's not that easy.



Alannah Anglin on Querido Mono. Photo by the author.

03 EL CAPULLO BOULDER



A small boulder but very convenient for beginners or for a casual warm up.

ROUTES

1. El Capullo Assis

v2

This climb is a little soft for its grade. Begin with a round left hold and the big inverted hold with your right. Come in and match and send El Capullo stand. It is contrived but for some it's a challenge.

2. El Capullo

v1

Start matching the big undercling jug. Reach the lip and go straight up a series of small pockets.

3. El Capullo Izq

v4

Begin as 1 but head left as much as possible. Hard climbing on crimps leads to the top.

4. Facilito

v0

Begin like 'El Capullo' 2 and head right after getting to the lip. Traverse a little and when you're ready head up. An even easier variation is to begin with one hand on the arete if the match start is too hard.

04 BESOS Y PIRÁMIDES

ROUTES

1. Illuminati (P) (V7)

Start matching on a jug in the middle, top out left after some hard pulling on flat edges.

2. Humanity Flow (P) (V11)

Begin with a good LH slopper and a bad edge on the lip.

3-4. Project (P)

5. Besos Pirámides (*) (V6)

Begin on the same sharp jug as 'Illuminati' but top out on the obvious arete. Don't punt the top!

6. Besos (V3)

Stand to Besos piramides. Begin with a really nice left hand edge in a crack system; RH on the large slopper rail.

7. El Humo Flow Sit (P) (V7)

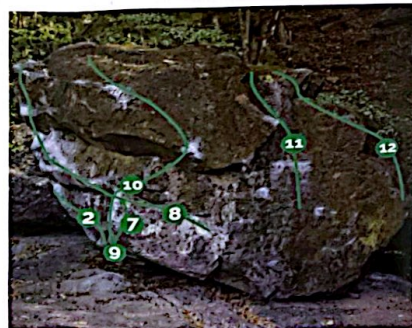
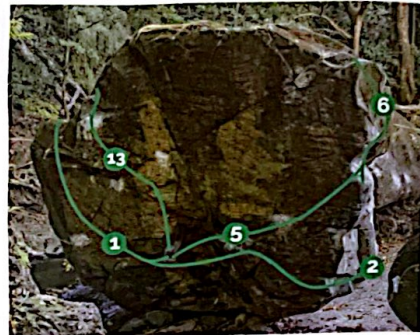
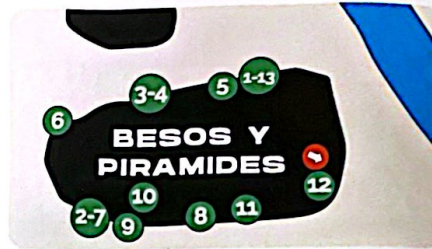
Begin seated with the lowest possible holds like 2. Do powerful moves and exit up the arete.

8. El Humo Flow Stand (V6)

Begin on the sharp L edge and exposed crimp to the right with your RH.

9. La Tortuga Flow (P) (V4)

Sit started and head into La Tortuga.



Jennifer Quirós on Besos Pirámides.
Photo by Daniel Alvarado.

10. Tortuga Stand (V2)

Begin as 8, head for the jugs above. Tricky feet.

11. Agarrapatica (V1)

Start standing on sharp crimps and climb the cool feature.

12. Cuando era Joven (V1)

Grab the lowest good holds and power your way up the often mossy climb.

13. Fit Aid (V10-11)

Begins the same as Illuminati but you climb right and then up.

05 LA PANZA BOULDER



ROUTES

1. Cola de Ballena (V3)

Begin on a good hold, low. The landing is frequently flooded by the stream, so making a landing or 'going for it' are two factors to think about.

2. Misión Papa Imposible (V9)

This climb starts hands on the two best holds on the climb. Begin with a high right heel and do some really desperate and long, crimpy moves to then gain the top of the climb.



06 EL BALDAZO

ROUTES

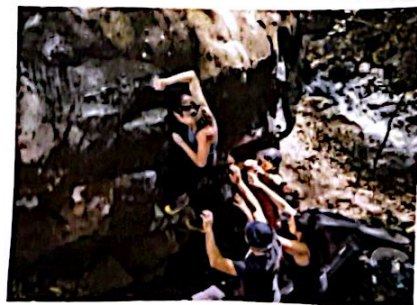
1. **El Pochote** * v1
Start on the giant fin and climb a series of diverse moves slightly leftwards. Enjoy!

2. **Tilawa** * v4
This one begins the same as the pochote and traverses right and then upwards. Enjoy the solid rock and awesome lines at this boulder.

3. **El Aguacero** v7
Begin on a few pinches on the arete above a square rock. Do some powerful and technical moves left.

4. **El Baldazo** * v8
A legend of a problem. Perhaps soft for the grade but sees few attempts. Enjoy this climb, a bit technical.

5. **La Sombrilla** v3
A tricky start if you don't solve the correct sequence. Head above to the slab and corner.



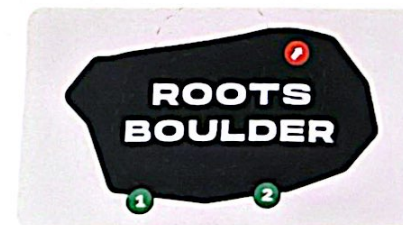
Irene Prada on Pochote. Photo by Daniel Alvarado.

07 EL PISUICAS



1. **El Pisuicas** * v4
Begin as far left as possible on the feature, on good holds with a high LF another hand anywhere you want. Do a traverse of sorts and finish on some small holds on the arete (stay low for the full grade). The full traverse is a project. It's a tough for the grade!

08 ROOTS BOULDER



1. **Steel Pulse** v1
Begin standing comfortably on the left side of the boulder. Work your way up and avoid the spikes on the pochote tree.

2. **Stick Figure** v2
Begin on a cool pinch feature and does a couple of hard intro moves. Again watch out for the spikes, and sloths!

09 KON-TIKI BOULDER



1. Calix V2

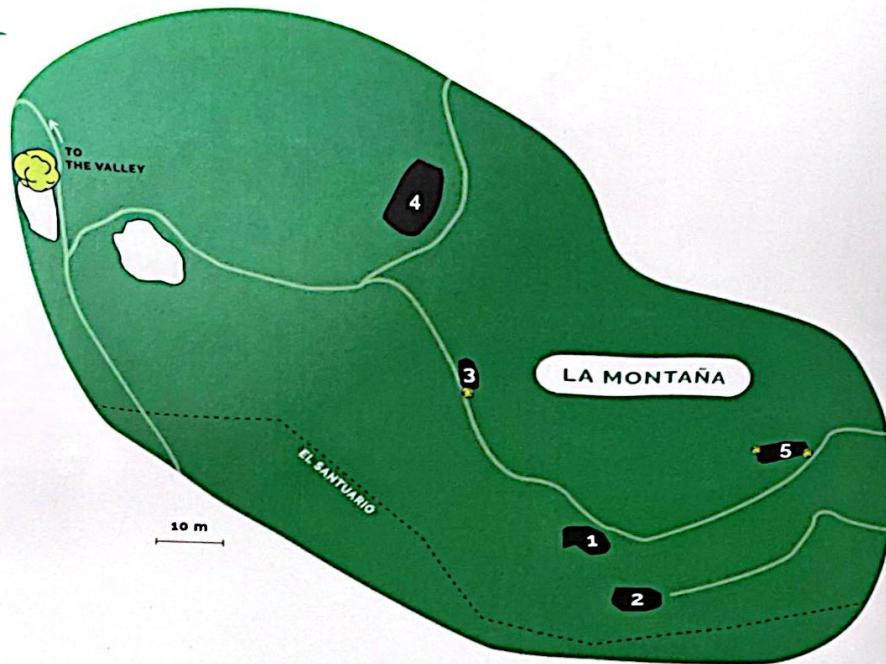
Start on a right hand crimp and left hand around the arete. Powerful start gets you to the big jug.

2. Li Hing Mui V2

Begin in the lower pockets and good holds and head up near the tree. Tricky top out.



LA MONTAÑA



La Montaña is a great early morning or late afternoon spot. If you have a good day of low UVB or extensive cover then you can climb there all day.

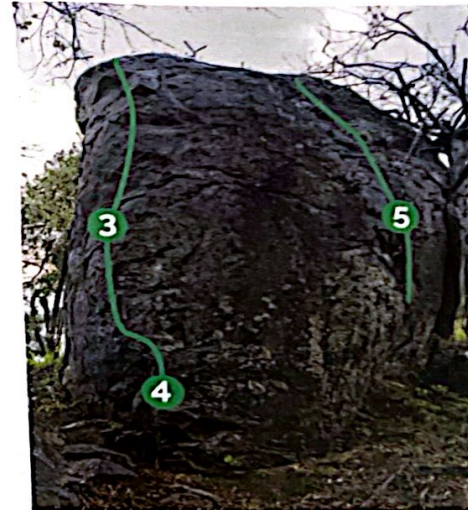
It is certainly the best place for climbing when the area has experienced recent rainfall. Also, please be mindful of erosion and wildlife.

BOULDERS

Boulders are marked in black on the map.

- 01 NIVEL DE AMOR
- 02 CANTOS DE CONGOS
- 03 LUNA LLENA
- 04 AGÜIZOTES
- 05 CRISTAL MESA

01 NIVEL DE AMOR



This boulder was one of the first that was explored on the mountain with tremendous enthusiasm. The feature line, for which the boulder is named, 'Nivel de Amor', is incredible. Originally graded V3, it has since been downgraded because easier methods have been discovered. The highball aspect remains.

ROUTES

1. Nivel de Amor * (V2)
Begin standing on the base of the dihedral. The climb goes directly up and for exposure exit a bit further right.
2. Bruja Zárate (V3)
Start standing and do a bit of traversing and climb to the top on the left finally connecting with 1.
3. Libaluz Stand (V2)
Same line as 4 only begin matching both hands on the right crimp rail.
4. Libaluz (V4)
Begin with a decent LH on an obvious pinch-like crimp, and a RH very low on an undercling.
5. Memoria Llena * (V3)
This one begins standing with a decent higher LH and an undercling for a RH.



02 CANTOS DE CONGOS

ROUTES

1. El Canto del Congo

v1

Sit start, begin on angular cubic jug and top out after some big moves towards the left.

2. Direct T.V.

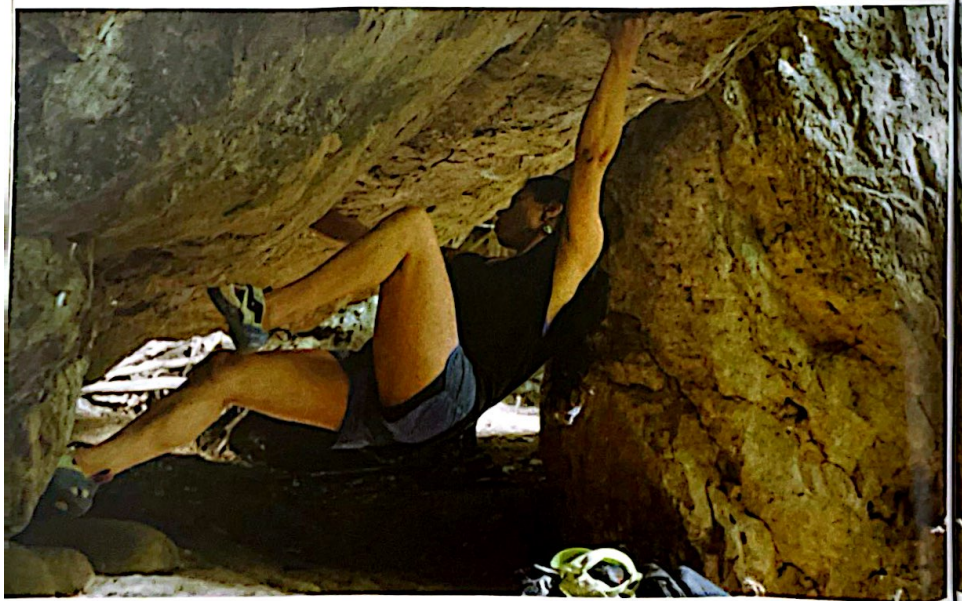
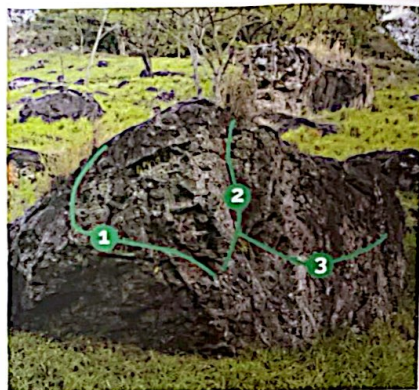
v1

Start the same as 1. but finish as directly above as possible, up the faulted-rock system.

3. Congo Traversi

v2

Traverse, from right to left, the entire face. Top out on 'El Canto del Congo' for extra grade and challenge try it without using the big foot hold that is obviously detached from the boulder.



Lilly Cerritos on To the Jugs. Photo by Susana Wu.

03 LUNA LLENA

ROUTES

1. Luna Nueva

v2

There is a good pocket to start from matching both hands. From there follow some small crimps too some easier climbing.

2. Luna Llena

v6

Begin on two small crimps on the grey face down low. Climb some tricky slab stuff and bust some ninja moves at the top.

3. El Menguante

v3

Begin on Luna Llena and traverse left into Luna Nueva.

4. Vena de Cristal

v5

Begin on standing on two crimps on the mild arete-like part of the wall. Climb some on some sharp and small holds, ending on a huge move to the juggy rail.

5. Pluto

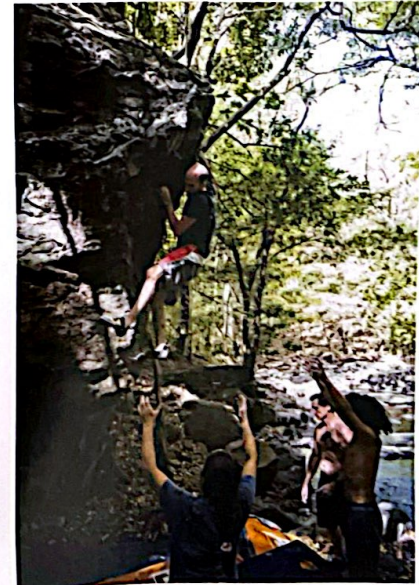
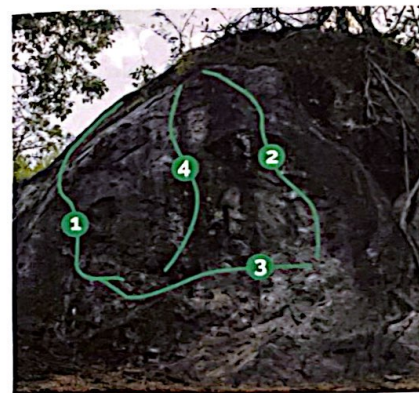
v0

On a little boulder beside the Luna Llena Boulder you will see a little pocket and the LH arete to start on. Very short and easy.

6. Casa Kalana

v0

Separate boulder still, one boulder higher-up from Pluto. Climb up the beautiful natural rock ramp and top out.



Esteban Cañas on Rinoceronte Tropical. Photo by Daniel Alvarado.

04 LOS AGÜIZOTES

ROUTES

1. Rock, Feet, Scissor

Ⓢ Ⓥ0

Being on the very left of the rock. Easy and fun.

2. Los Agüizotes

Ⓢ * Ⓥ0

Climb up the ominously large boulder on the left. It's a high ball.

3. Los Agüizoteros

Ⓢ Ⓥ0

Climb up the middle of the gigantic slab and top off to the left like 1.

4. First Rain of Valor

Ⓢ Ⓥ0

With a great foot ledge, try gaining the arete and careful not to fall off the tall boulder.

5. Z-style Traverse

Ⓢ v2

This on traverses from the black section all the way around finishing on Jaspe.

6. André the Giant

Ⓢ v2

Begin standing and use the cookie-like crimp to gain way the ledge.

7. Tense Friction

Ⓢ v2

Climb up on some fun features. Start slightly scrunched on the large rail.

8. Jaspe

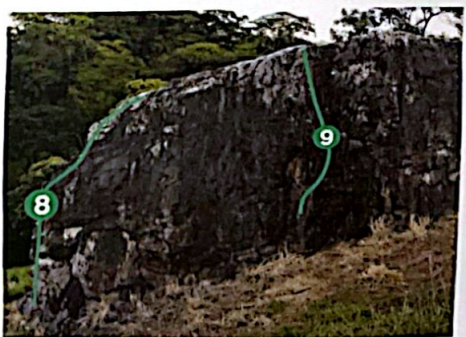
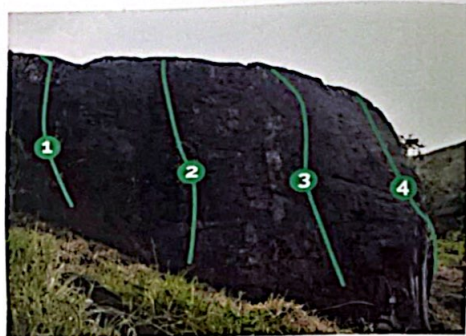
Ⓢ Ⓥ0

Starts on the arete and heads up the edge.

9. Lengua de Vaca

* Ⓥ1

Begin low on good holds and climb straight up.



05 CRISTAL MESA



ROUTES

1. El Papa Jean Paul

Ⓥ0

A scramble, the easiest climb on the block for a warm up.

2. Cristal Mesa

* Ⓥ3

Start matching in the big circular hole/jug, and go directly up the arete prow. The further left, the easier, the further right the harder.

3. Los Monos de la Mañana

* Ⓥ7

Begin on the slopy ledge on okay holds. Make a couple of moves to the awesome fin. Top out

4. Los Monos D.L.M. Stand

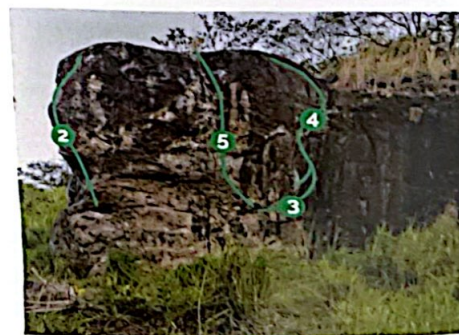
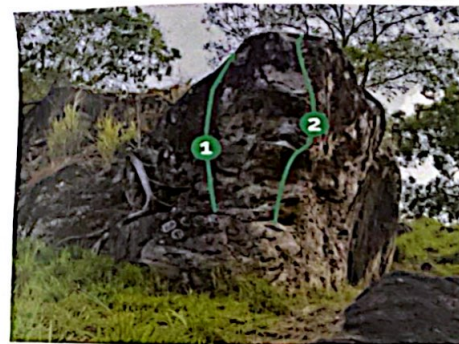
Ⓥ6

Begin on the big rail and go up the face through a series of explosive moves on small holds.

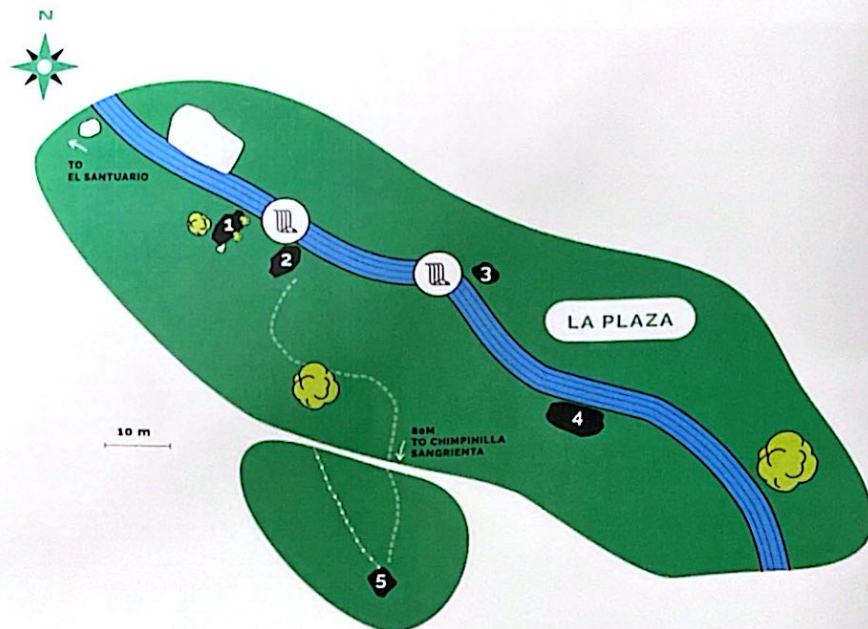
5. Yoga Life

Ⓥ7

Start same as 3 and 4 but goes to the left on some cracks and crimps finishing on the slab.



SECTOR

LA
PLAZA

La Plaza is a beautiful sector 400m from El Santuario, enter through the portal of rocks and up the river to an excellent, peaceful bouldering area.

Great place for isolating from the crowds from the waterfall, to just be one with nature, the boulder and the river. There are even some climbable ficus trees. Some of the boulders may be dirty because of to the low traffic.

BOULDERS

Boulders are marked in black on the map.

01 AL VAVOR

02 CALIDAD NATURAE

03 VOLANDO LISIER

04 BLOQUE DE LA UK

05 ESPINILLA SANGRIENTA

01 AL
VAVOR

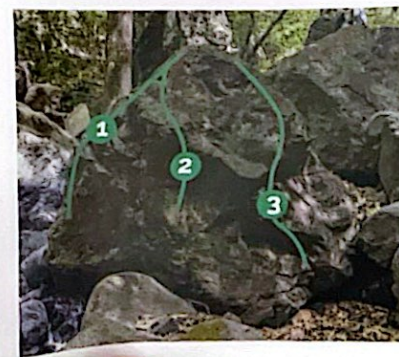
ROUTES

- Al Vavor** V4
Begin awkwardly low on two nice edges. Keep the tension and make the moves to the easy top out.
- A Estribor** * V6
Start on an obvious big jug, traverse left and top out on 'Al Vavor.'
- Not Ego, We-Go** * V6
Begin the same as 'El Estribor' but head directly up instead of traversing.

02 CALIDAD
NATURAE

ROUTES

- 100% Vitamina** V2
Begin with a LH side sloper and RH on a low sloper. Climb up and right. Stay right for the full line.
- Calidad Naturae** V5
Begin matching on the small, diagonal crimps and climb towards the top part of the boulder.
- Levadura de Cerveza** V4
Begin seated on low crimps, the start feels awkward but once you do a move or two the climb begins to make sense. Finish on the cool features to the left.



03 VOLANDO LISIER

ROUTES

1. Volando Lisier

⚡ ⚡ v6

Begin seated with an okay right hand pinch and with a left hand on another sloper slightly above. Climb the cool arete feature.

2. Mason work

v2

Above, begin matching on the rounded shelf and do some quick work to gain the top.



VOLANDO LISIER

04 BLOQUE DE LA UK

ROUTES

1. Anna's Journey

v2

Do the whole traverse starting on the easiest side on the left and finish on the high part of the boulder.



BLOQUE DE LA UK

05 ESPINILLA SANGRIENTA

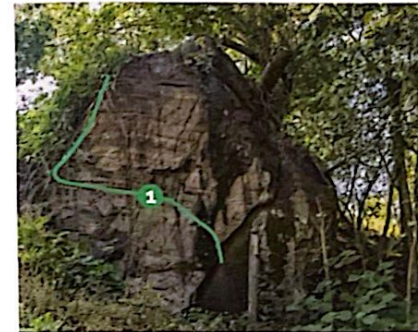
The boulder is a bit legendary as it is certainly the most remote and isolated boulder at 'La Plaza'.

ROUTES

1. Espinilla Sangrienta 'chimpinilla'

⚡ ⚡ v4

The boulder problem begins on the low right side of the boulder on an awesome fractured edge. The climb heads left, traversing on hard crimps, then proceeds to the top without punting on the final moves.



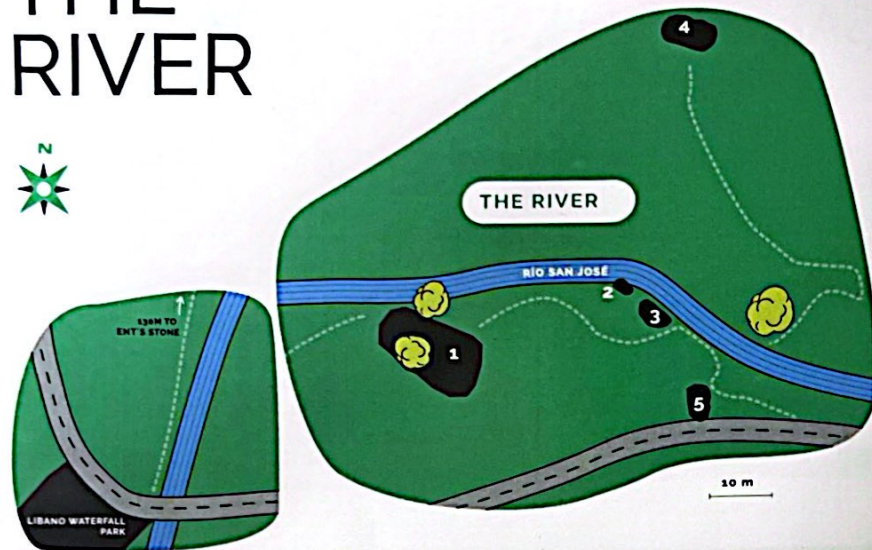
ESPINILLA SANGRIENTA



Gabriel Del Castillo on Volando Lisier. Photo by Ivan González.

SECTOR

THE RIVER



The River area goes left from the main entrance to Libano Waterfall Park, you can either access it by the bridge or from the dirt road through a ramp near Cadillac Boulder. This area holds a massive highball with a not so good landing zone, for the brave-hearted only.

BOULDERS

Boulders are marked in black on the map.

- 01 ENT'S STONE

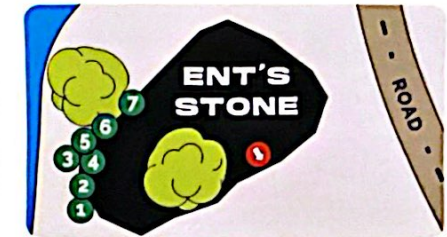
- 02 NARIZ DE GORILA

- 03 SAND DIAMOND

- 04 LA PASIÓN

- 05 CADILLAC BOULDER

01 ENT'S STONE



ROUTES

1. **B-zero** v0
Begin to the right on Doom and climb up and to the right of the roof in the upper part of the climb.

2. **Doom** v0
Start on the giant fin and climb a series of diverse moves slightly leftwards. This one begins the same as the pochote and traverses right and then upwards. Enjoy the solid rock and awesome lines.

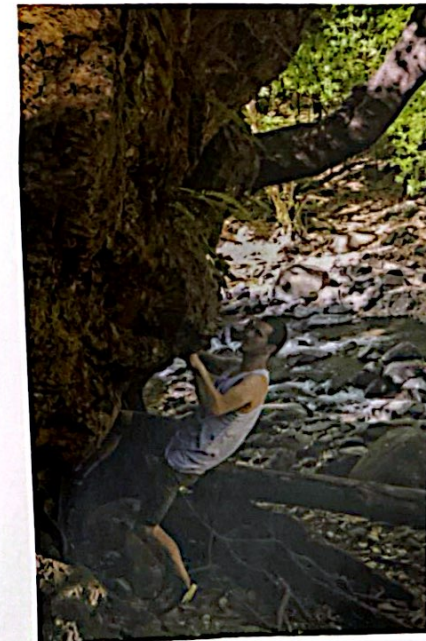
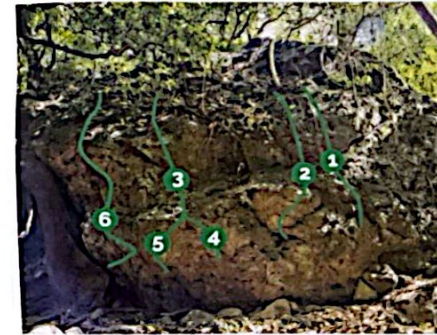
3. **Salvación Stand** v1
Stand start to Barrigón. Begin standing on the obvious holds.

4. **Barrigón** v3
Begin slightly seated on some mediocre holds and climb up and left and join the easy climbing above.

5. **Madera Madero** v4
This climb begins on some low holds and has a couple of powerful moves that leads to easier climbing.

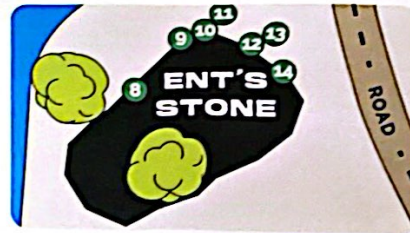
6. **Soporte Árbolístico** v4
Start seated and on some obvious holds and climb directly up and top out just right of the tree trunk.

7. **Darkhorse Paradise Sit** v6
Probably the longest climb and very pumpy. Begin seated to the left of the tree and go all the way, finishing on the horn all the way around the boulder on the headwall facing the road.



Sergio Echeverría on Darkhorse Paradise.
Photo by Jose Jiménez.

01 ENT'S STONE



ROUTES

8. Liberación del Pueblo v3

Start on the same start as all, left of the tree, head slightly left and directly up.

9. Función Animalística v6

This climb begins low on some okay edges. Do some powerful moves and end on the top out on the other face around the left arete.

10. Darkhorse Paradise v4

Start on the exposed jugs on the arete and finish on the large triangular horn on the tallest part of the topout.

11. 60 Traverse v2

Begin on the same jugs as 10 and traverse all the way left and ascend on the easy section.

12. Hecho Helecho v4

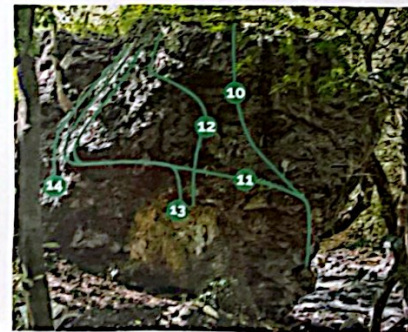
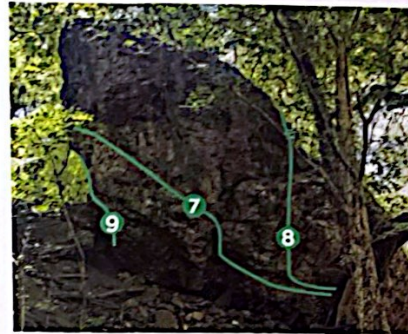
Matching on an okay flat jug climb into the normal topout.

13. La Helecha v3

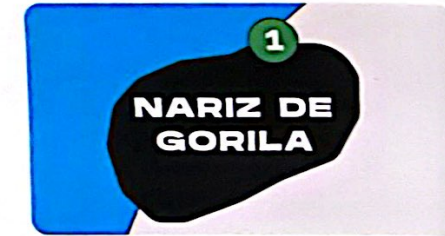
Start on the same flat jug, climb up and slightly around the bulge avoiding the last hard moves to the right.

14. Túnel de Cristal v1

Begin on the easier part of the rock and climb up to the top of the boulder.



02 NARIZ DE GORILA



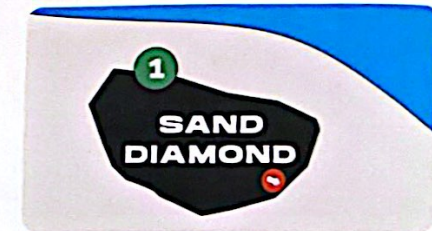
ROUTES

1. Nariz de Gorila v2

The start is the hardest so don't fall into the river immediately. Climb up and right traversing until you topout on easy slopers.



03 SAND DIAMOND



ROUTES

1. Sand Diamond v3

Begin on the large holds in the roof. The crux is getting off the ground though because it's fairly steep. Climb up and follow the pockets and easy holds up top.



04 LA PASIÓN

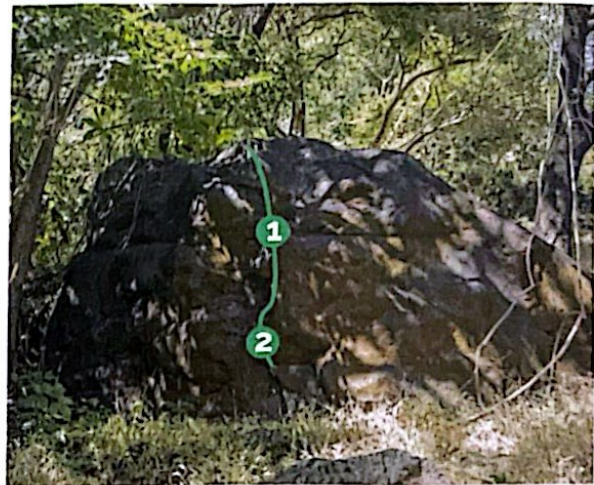
ROUTES

1. La Passión Stand (V0)

On the other side of the river you will find this boulder problem not far up the hill. It should come into sight a couple of meters from the river. Begin standing as easy as possible and enjoy one of the best boulders!

2. La Passión * (V2)

Begin on the low, obvious holds. Join into the stand and it adds two grades for those looking challenge themselves.



05 CADILLAC BOULDER

ROUTES

1. El Dorado (V0)

Start up the climb near the river. Top out and walk off near the road.

2. El Camino (V2)

Begin on a logical start matching, and head up on some casual moves and topout. The climb has some cool moves.

